








MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 ASSORTED PIZZA OR GLUTEN FREE PIZZA 3 BEAN SALAD SPECIAL DESSERT APPLE SLICES
4 CHICKEN AND GRAVY OVER RICE STEAMED BROCCOLI CRANBERRY SAUCE PEACH CUP	5 HAMBURGER/CHEESEBURGER VEGETARIAN PATTY OVEN BAKED FRIES ITALIAN GREEN BEANS PEARS GF BUN AVAILABLE	6 FRENCH TOAST STICKS SAUSAGE LINKS YOGURT CUP CARROT COINS STRAWBERRIES	7 PASTA WITH MEAT SAUCE VEGETARIAN SAUCE OR GLUTEN FREE PASTA PEAS & CARROTS CINNAMON APPLE SAUCE	8 ASSORTED PIZZA OR GLUTEN FREE PIZZA MARINATED BLACK BEAN SALAD SPECIAL DESSERT ASSORTED FRUIT
11 BUILD YOUR OWN TACO NACHO CHIPS CHEESE LETTUCE SALSA SOUR CREAM CORN GF SHELL AVAIL PEARS	12 CHICKEN NUGGETS OR VEGETARIAN NUGGETS RICE DIPPING SAUCES VEGETARIAN BAKED BEANS DELICIOUS RED APPLE	13 PASTA DINNER OR GLUTEN FREE PASTA CHEESE STICKS BROCCOLI TREES BLUEBERRIES	14 CHICKEN CAESAR SALAD OR NO CHICKEN CAESAR GARLIC BREAD GREEN BEANS CINNAMON APPLESAUCE	LUCKY TRAY DAY ASSORTED PIZZA OR GLUTEN FREE PIZZA TOMATO & CHEESE SALAD SPECIAL DESSERT MIXED FRUIT
18 PASTA DINNER OR GLUTEN FREE PASTA CHEESE STICKS BROCCOLI CUTS MIXED BERRY CUP	19 100% ALL BEEF HOTDOG OVEN BAKED FRIES FRESH CUT CUCUMBER SLICES MIXED FRUIT GF BUN AVAILABLE	20 TOASTED CHEESE SANDWICH TOMATO SOUP BAG OF CHIPS PASTA SALAD VEGETARIAN BAKED BEANS GF BREAD AVAIL SWEET PEARS	CHICKEN SANDWICH VEGGIE BURGER BAG OF CHIPS CARROT & CELERY STICKS BOX OF RAISINS GF BUN AVAILABLE	Teacher Professional Development Day NO School 
25 HAMBURGER/CHEESEBURGER OR VEGGIE BURGER BAG OF CHIPS CARROTS MIXED FRUIT GF BUN AVAILABLE	26 MEATLOAF DINNER MASHED POTATOES GRAVY WW ROLL GREEN BEANS STRAWBERRIES	27 HOMEMADE MAC & CHEESE OR GF MAC & CHEESE WW OR GF ROLL BROCCOLI FLORETS PEACHES AND CREAM	28 CRISPY CHICKEN PATTY OR VEGGIE PATTY RICE ROASTED CHICK PEAS DICED PEARS GF BUN AVAILABLE	29 ASSORTED PIZZA OR GLUTEN FREE PIZZA CARROTS AND PEA MEDLEY SPECIAL DESSERT CINNAMON APPLE SAUCE

LUNCHES ARE SERVED WITH 1% WHITE OR FAT FREE CHOCOLATE MILK, (.50 IF PURCHASED ALONE) VEGETABLE OF THE DAY AND FRUIT. LUNCH WILL BE FREE TO ALL STUDENTS UNTIL 6/30/2024. OUR MEALS ARE PLANNED TO COMPLY WITH THE USDA DAILY RECOMMENDED GUIDELINES.

SUN BUTTER & JELLY SANDWICH, ASSORTED SUBS & HOMEMADE PIZZA WILL BE OFFERED DAILY AS AN ALTERNATE BEGINNING AUGUST 31ST.

ALL MEALS ARE OFFERED FREE TO QUALIFYING STUDENTS. PLEASE VISIT OUR WEBSITE FOR MORE INFORMATION.

WE WELCOME YOUR COMMENTS & QUESTIONS, PLEASE FEEL FREE TO CALL ANYTIME AT 978-402-8666 OR EMAIL SROBICHAUD@CARLISLE.K12.MA.US

OUR PRE-PAYMENT OPTION TAKES A LOAD OFF YOUR MIND, PLEASE VISIT THE CARLISLE SCHOOL WEB-SITE FOR MORE INFORMATION.

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