






MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 OVEN BAKED CHICKEN OVEN BAKED FRIES GRAVY WW ROLL SWEET CORN STRAWBERRY CUP	2 CHICKEN BROCCOLI & ZITI CARROT COINS MIXED FRUIT	3 ASSORTED PIZZA OR GLUTEN FREE PIZZA GARBANZO BEAN SALAD APPLESAUCE SPECIAL DESSERT
6 HAMBURGER/CHEESEBURGER VEGETARIAN BURGER ROMAINE SALAD FRESH ROLL RED APPLE	7 SPAGHETTI & MEATBALLS GLUTEN FREE PASTA CHEESE STICKS GREEN BEANS & TOMATOES PEACHES AND CREAM	8 CHICKEN PATTY OR VEGGIE PATTY PRETZELS CARROT STICKS BAG OF CRANBERRIES	9 100% ALL BEEF HOTDOGS SWEET POTATO FRIES CRAZY CORN ORANGE SLICES GF BUN AVAILABLE	10 ASSORTED PIZZA OR GLUTEN FREE PIZZA CHICK PEA SALAD ASSORTED FRUIT SPECIAL DESSERT
13 CRISPY CHICKEN PATTY OR VEGGIE BURGER TATAR TOTS YUMMY BEAN SALAD STRAWBERRY CUP	14 HOMEMADE MAC & CHEESE FRESH DINNER ROLL GREEN BEANS & TOMATOES MIXED FRUIT	LUCKY TRAY DAY TOASTED CHEESE SANDWICH TOMATO SOUP SWEET PEAS BERRY CUP GF BREAD AVAILABLE	16 FRENCH TOAST STICKS LITE SAUSAGES YOGURT CUP FRESH CUT RED PEPPERS RED APPLE	17 ASSORTED PIZZA OR GLUTEN FREE PIZZA ROMAINE SALAD ASSORTED FRUIT SPECIAL DESSERT
20 CHICKEN CAESAR SALAD OR VEGETARIAN CAESAR GARLIC BREAD STICK SWEET PEAS BANANA	21 CHICKEN CURRY OR VEGETARIAN CURRY OVER RICE CARROT STICKS NAAN BREAD ASSORTED FRUIT	22 100% ALL BEEF HOTDOG BAG OF PRETZELS CELERY STICKS & DIP DRIED CRANBERRIES GF BUN AVAILABLE	23 SPAGHETTI & MEATBALLS OR VEGETARIAN SAUCE OR GF PASTA CAESAR SALAD GARLIC BREAD ORANGE SMILES	24 ASSORTED PIZZA OR GLUTEN FREE PIZZA CHICK PEA SALAD ASSORTED FRUIT SPECIAL DESSERT
27 	28 PASTA DINNER OR GLUTEN FREE PASTA CHEESE STICKS FRESH CARROT STICKS PEACH CUP	29 PULLED PORK SANDWICH CREAMY COLESLAW MIXED VEGGIES ASSORTED FRUIT	30 SOFT TACO NACHO CHIPS LETTUCE SOUR CREAM CHEESE SALSA CORN GRAPES GF SHELL AVAIL	31 ASSORTED PIZZA OR GLUTEN FREE PIZZA CHICK PEA SALAD APPLESAUCE SPECIAL DESSERT

LUNCHES ARE SERVED WITH 1% WHITE OR FAT FREE CHOCOLATE MILK, (.50 IF PURCHASED ALONE) VEGETABLE OF THE DAY AND FRUIT. LUNCH WILL BE FREE TO ALL STUDENTS UNTIL 6/30/2024. OUR MEALS ARE PLANNED TO COMPLY WITH THE USDA DAILY RECOMMENDED GUIDELINES. SUN BUTTER & JELLY SANDWICH, ASSORTED SUBS & HOMEMADE PIZZA WILL BE OFFERED DAILY AS AN ALTERNATE BEGINNING AUGUST 31ST. ALL MEALS ARE OFFERED FREE TO QUALIFYING STUDENTS. PLEASE VISIT OUR WEBSITE FOR MORE INFORMATION.

WE WELCOME YOUR COMMENTS & QUESTIONS, PLEASE FEEL FREE TO CALL ANYTIME AT 978-402-8666 OR EMAIL SROBICHAUD@CARLISLE.K12.MA.US OUR PRE-PAYMENT OPTION TAKES A LOAD OFF YOUR MIND, PLEASE VISIT THE CARLISLE SCHOOL WEB-SITE FOR MORE INFORMATION.

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